

DR. YEILDING'S

COMPLETE GUIDE TO MODERN EYELID SURGERY

BLEPHAROPLASTY

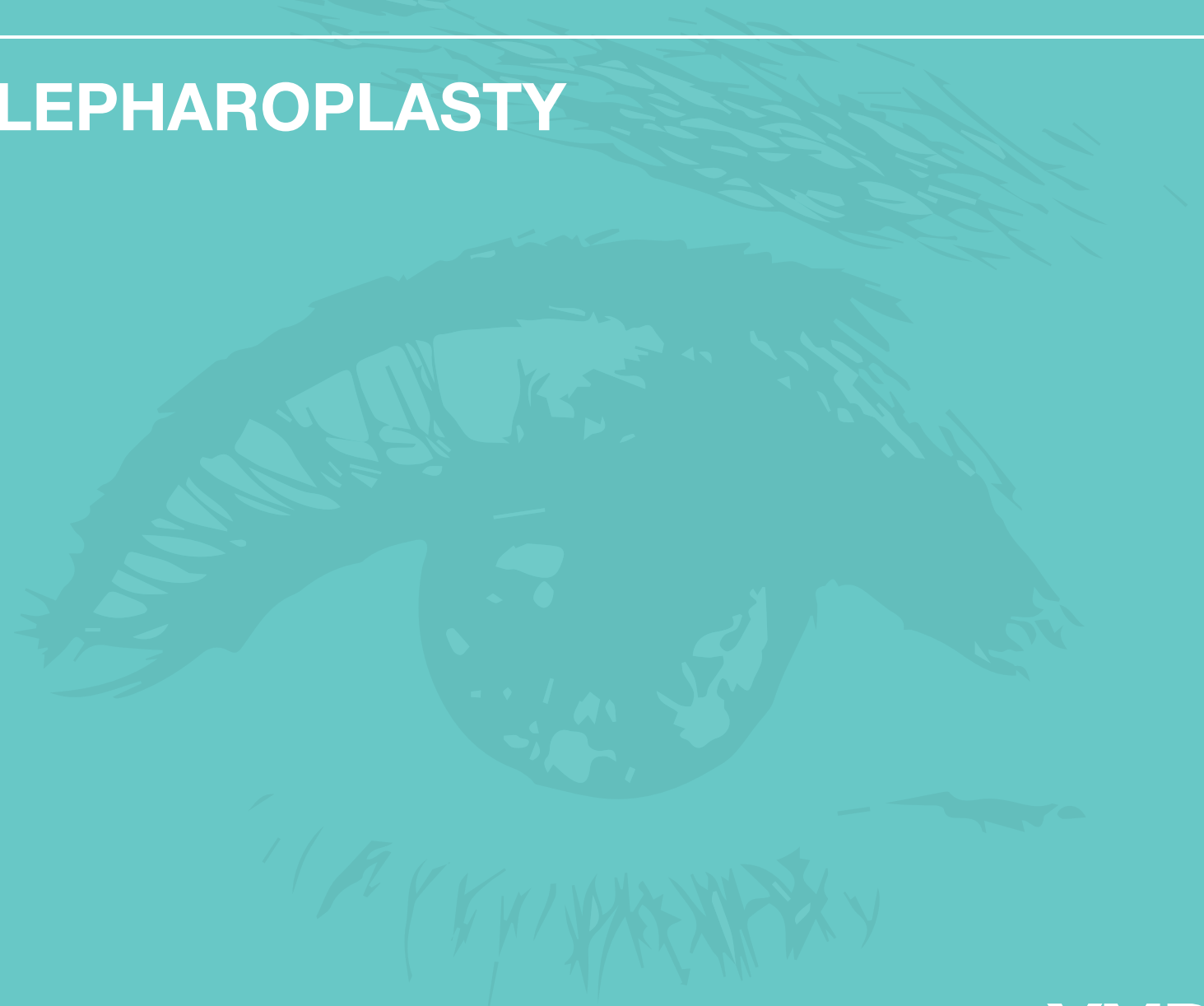


Table of Contents

What Is Eyelid Surgery? // 3

What Blepharoplasty Can Do // 5

The Laser Difference // 6

Asian Blepharoplasty // 7

Latin American Blepharoplasty // 8

The Risks of Laser Blepharoplasty // 10

Surgical Recovery from Blepharoplasty // 10

What Kind of Results Can You Expect? // 11

Ruth Hill Yeilding, MD // 14

Taking the Next Step // 15

Insurance Coverage // 15

What Is Eyelid Surgery?

Eyelid surgery (eyelid lift), is known medically as *blepharoplasty* (pronounced: blef-aR-o-plas-tee), and addresses droopy upper eyelids that may interfere with vision (upper blepharoplasty) and lower eyelid bagging and wrinkling (lower blepharoplasty).

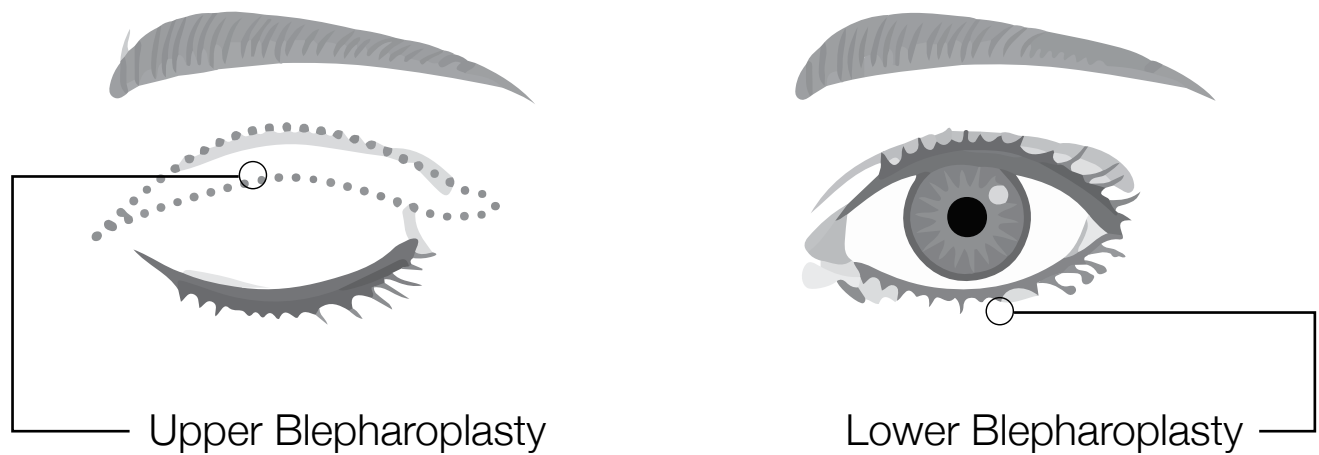
Blepharoplasty is most often performed on both upper and lower eyelids together. This gives patients a balanced and harmonious result and is also more cost and recovery time efficient.

Blepharoplasty is a high art. Achieving an attractive aesthetic outcome that is natural and youthful is one of the most challenging tasks in plastic surgery. Detailed knowledge of the complex network of facial muscles, facial nerves, and facial blood vessels, especially those near the highly sensitive eye, is the domain of a super-specialized surgeon, not a general plastic surgeon.

The classic reference about the eyes being the windows to the soul, is emblematic of the importance of our eyes and how we relate to the world. According to noted Psychology Professor, Dr. Paul Ekman, of the 43 facial muscles most are connected to the eye brows, upper eyelids or lower eyelids. These muscles are responsible for

Achieving
beautiful
eyes is key
to achieving
a naturally
youthful face.

- Dr. Ruth Hill Yeilding



the way we express our human emotion. It is important to find a doctor that is passionate about helping people achieve their own facial aesthetic goals and the consideration of the aesthetic eyes as the most critical element to “get it right” for patients considering any facial rejuvenation including blepharoplasty.

Although it is not possible to get Elizabeth Taylor’s or Angelina Jolie’s eyes, every patient has their own natural beauty which can be enhanced by undoing some of the things “father time” has put upon us. Those pesky effects of aging that have caused puffiness, sags, droopiness, & wrinkles to degrade our natural youthful beauty can be improved by a skilled surgeon with that magic combination of a conservative but confident technique.

Thus it is critical to identify a doctor with extensive surgical experience in blepharoplasty surgery and achieving excellent results patient after patient. Consistent results can help patients feel more at ease in making (and living with) these important surgical decisions.

What Blepharoplasty Can Do

In the hands of a skilled facial plastic surgeon, patients can expect blepharoplasty to address several important aesthetic and functional concerns. Some of the most troublesome elements that can be addressed are:

- Elimination of excess skin.
- Elimination of excess fatty deposits that cause a puffy appearance.
- Bags under the eyes can be reduced or eliminated.
- Droopy eyelids that may interfere with vision can be corrected.
- Asymmetry between left and right eyelid appearance can be reduced.

The most disturbing element of having one or more of the items above is that often it changes our projected appearance to looking sad, mad, or tired. When this happens our friends and coworkers can actually treat us differently. Other times it is as simple as looking much older than the age we feel. During your consultation, it is important that the surgeon give you an honest assessment of your condition and your options, and provide you with all the information you need to make an informed decision.

Finding an expert at addressing these issues produces results that can feel life transforming.

The Laser Difference

Laser blepharoplasty is one of the most advanced plastic surgery procedures being done today only by a small number of super-specialized facial plastic surgeons nationwide.

For those patients with appropriate skin type of Fitzpatrick 3 or 4 and less, as determined by your surgeon, the laser can be used with excellent safety and efficacy.

Laser blepharoplasty uses the laser as a precision super-fine, pin-point laser scalpel to make incisions that have favorable wound healing, for minimal scarring. The laser is also used in scanning mode to resurface the lower eyelid, which causes the skin to tighten and be rejuvenated. The laser provides superior aesthetic outcomes for the most natural youthful look.

“ I had a laser lid lift... and quite frankly it has changed my lifeI couldn't wear mascara and my lids came over my eyes and when I was in a sales meeting, I could tell people weren't really paying attention.... After I got the lift, everything changed.

- Patient Suzanne

”

Asian Blepharoplasty

According to Dr. H.S. Hwang, “Asian individuals pursue cosmetic eyelid surgery not so much to ‘Westernize’ their eyes, but rather to appear more open-minded, energetic, and youthful.” Dr. Yeilding has strong experience in achieving a natural double eyelid crease result. This surgery is very common because 50% of Eastern and Southeastern Asian woman were born without a supratarsal crease (double eyelid).

Upper Epiblepharon Repair

18 Year Old Male



Before



After

Upper Blepharoplasty

43 Year Old Female



Before



After

Upper and Lower Laser Blepharoplasty

69 Year Old Female



Before



After

All results shown are by Dr. Yeilding

Latin American Blepharoplasty

For Latin American individuals, the loose skin that causes tired and older appearance has a skin texture that is often uniquely thicker and 'doughy' in texture with lower laxity. However, Dr. Yeilding has the proper surgical technique and experience to give those patients optimal results.

Upper and Lower Laser Blepharoplasty 47 Year Old Female



Before



After

Upper and Lower Laser Blepharoplasty 50 Year Old Female



Before



After

Upper Laser Blepharoplasty 61 Year Old Female



Before



After

Para los pacientes que prefieren hablar en español, tenemos a Tatiana o Lisa para ayudarle.

All results shown are by Dr. Yeilding

Upper Laser Blepharoplasty

51 Year Old Male



Before



After

Upper Laser Blepharoplasty

73 Year Old Female



Before



After

Upper & Lower Laser Blepharoplasty

77 Year Old Female



Before



After

Para los pacientes que prefieren hablar en español, tenemos a Tatiana o Lisa para ayudarlo.

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The Risks of Laser Blepharoplasty

Generally all surgery carries some risk, however the risks associated with blepharoplasty and laser blepharoplasty are low. One factor is the lower risk of not requiring general anesthesia but rather using monitored anesthesia care (MAC). During MAC sedation, you continue to breathe on your own and do not have a breather tube. It is important for patients to read and understand the informed consent document and engage the doctor with any questions before surgery. All questions regarding patient safety should be considered and addressed by the doctor with respect and empathy for the patient while providing information on medical risks that is understandable.

Surgical Recovery from Blepharoplasty

Patients who receive laser blepharoplasty are often surprised that it is easier than they expected, and with less pain. Some bruising and swelling is expected; however, the diligent application of the doctor's instructions, including simple icing techniques, are helpful in reducing these effects.

Patients should avoid excess bending, heavy lifting or vigorous activity for at least 10 days. After an upper blepharoplasty, the stitches are removed at the end of the week and makeup can then be applied. Typically Dr. Yeilding's lower blepharoplasty patients do not need stitches.

Make sure you have a friend or family member provide transportation for you to and from the surgery center. Smoking is not allowed during recovery from blepharoplasty surgery as your ability to heal rapidly and without scarring depends on your blood supply and smoking constricts capillaries that are critical to good healing.

What Kind of Results Can You Expect?

Upper Laser Blepharoplasty

48 Year Old Female



Before



After

Upper Blepharoplasty

50 Year Old Latin-America Female



Before



After

Upper and Lower Laser Blepharoplasty

54 Year Old Female



Before



After

All results shown are by Dr. Yeilding

Upper and Lower Laser Blepharoplasty

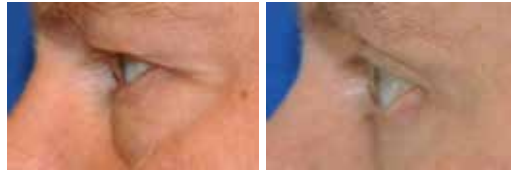
56 Year Old Male



Before



After



Upper and Lower Laser Blepharoplasty

67 Year Old Male



Before



After



Upper and Lower Laser Blepharoplasty

74 Year Old Female



Before



After

All results shown are by Dr. Yeilding

Upper Laser Blepharoplasty

62 Year Old Female



Before



After

Upper and Lower Laser Blepharoplasty

69 Year Old Male



Before



After

Upper and Lower Laser Blepharoplasty

79 Year Old Female



Before



After

Ruth Hill Yeilding, MD

Dr. Yeilding has perfected her laser lid lift by first becoming an ophthalmologist and being expert in the eye and surrounding facial anatomy. During her fellowship she became super-specialized in Oculofacial plastic surgery and cosmetic facial plastic surgery.



For patients seeking blepharoplasty (eyelid lift) those saggy lids can be a thing of the past because of Dr. Ruth Hill Yeilding, at YMD Eye & Face, Laser and Plastic Surgery, Winter Park, FL. Dr. Yeilding has gained unique training and experience to become one of that very small group of experts who utilize this highly effective laser surgery technique for blepharoplasty. Dr. Yeilding has done an unusually large number of blepharoplasty surgeries and this experience is reflected in her natural looking results.

In your consultation with Dr. Yeilding you will be asked about your concerns, feelings and desires about your facial appearance. Dr. Yeilding will conduct a clinical analysis of your face and skin. She will evaluate your facial proportions, skin type and texture as well as muscle functions. Dr. Yeilding will use her best judgment and experience to provide her recommendation for you to most realistically meet your goals.

A leader in laser blepharoplasty, Dr. Yeilding is board certified by the American Board of Ophthalmology. She received her Medical Doctorate from the University of Alabama Birmingham, magna cum laude, after graduating from Washington and Lee with a B.S. in Biology, also magna cum laude. She did a surgical internship at University of Texas at Austin, and Ophthalmology Residency at Vanderbilt University which included oculoplastic research. Dr. Yeilding then did a surgically intensive fellowship in oculoplastics and cosmetic facial plastic surgery with the highly regarded, oculoplastic and facial plastic surgeon, Dr. John P. Fezza at the very busy Center for Sight in Sarasota, FL.

Taking The Next Step

There is no reason to spend another day looking tired, sad, angry or just plain old when you can take the next step and make an appointment to get an expert consultation. Request an appointment for your **complimentary cosmetic* consultation with Dr. Yeilding** at www.yeildingmd.com or call 855-YMD-FACE (963-3223). Dr. Yeilding and her team will treat you with extraordinary care.

Insurance Coverage*

For those patients whose upper eyelids are sufficiently droopy to begin blocking your vision, insurance may cover the upper blepharoplasty procedure. The medically necessary elements of the examination, including photography and visual fields testing, are done at YMD Eye & Face and are billed through your insurance carrier. The cosmetic portions of the examination are complimentary.

Dr. Yeilding accepts Medicare, Aetna, BCBS, Cigna, Humana, TriCare, UnitedHealthCare, USAA and more.

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